

A 501c3 non-profit organization helping children at Kieni West Children's Home.



Running to help build the children, at Kieni West Children's Home, a new dormitory to sleep in.

Kids of Kenya and Kieni West 5K Run
February 25, 2012

Name _____

Age on Race Day _____ Birth Date _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Male _____ Female _____

Please Circle the event you wish to participate in

5K Children's Run 1-Mile Run/Walk *Silent Runner

Shirt Size (please circle)

Children's Size small medium large

Adult's Size small medium large X-large

RELEASE OF LIABILITY

I hereby release Kids of Kenya and Kieni West, its officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated with Kids of Kenya and Kieni West from liability for any injuries received by me (or if the participant is a minor, then I release them from liability for injuries received by the minor for whom I am responsible) during participation in this sporting event, which includes all post-race activities through the end of the awards ceremony and the conclusion of the event. I understand that participation in this event exposes me and/or my family member(s) to risks including, but not limited to, running-related injury, traffic, and other risks. Notwithstanding these potential risks and possibly other unanticipated risks, all of which cannot be listed, I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

Participant's Signature (parent signature if participant is under 18)

Date

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www.kieniwestchildrenshome.org

Make checks payable to Kids of Kenya and Kieni West
Packet pick up will be at The Fitness Lounge on Friday, February 24, from 5:00-7:00
The Fitness Lounge is located at 3714 Olsen Blvd. in Amarillo, TX
Please mail the completed entry form and payment to:

Kids of Kenya and Kieni West
PO Box 30725
Amarillo, TX 79120

Prices:

5K Run (Awards for overall Male and Female Winner and First Place in each Gender Age Group)
\$20.00 (\$25.00 on Race Day Registration)
\$15.00 for Lone Star Running Club Members

1-Mile Fun Run
\$15.00 (\$20.00 on Race Day Registration)

Children's Run (9 years old and younger) all children will receive a Finisher's Medal
\$10.00

Age Groups include: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 and older

Times:

5K begins at 10:00 am

1 Mile begins at 10:30 am

Children's Run begins at 9:45 am

*Silent Runner is an option for those who would like to participate but cannot. It's simple, just complete the entry form and mail it in with your payment. Kids of Kenya and Kieni West will send you the goody bag and T-Shirt and will also find a person to run for you. That person must sign a release of liability prior to running for you. We will let you know, via email, how your runner did.

Race Map

★ Start
☺ Finish

