

Lone Star Runners Club  
High School/Junior High  
Extreme Road Challenge

What is it? The challenge is to see who has the best Road Racing school in the Panhandle. It is designed to recognize all athletes participating in summer road races and give awareness to the great running community in the Panhandle.

When : The challenge time is June through August 14 (midnight 5k).

Where: All races posted on the Lone star runners club web site calendar.  
Site: Lonestarrunnersclub.net

Who: There are two divisions

- High school- All athletes that are freshmen, Sophomores, or Juniors at the end of this school year. (08-09) (To all the graduates, best of wishes in college or other adventures, this is for the athletes in high school)
- Junior High/ Intermediate- All athletes that are in 6,7, or 8<sup>th</sup> grade at the end of 09 may participate. If your school has a 7,8<sup>th</sup> Junior high then the 6<sup>th</sup> grade students may still compete for the Junior High they are going to attend.

Results: Will be posted on the Club Website under XRC (Extreme Road Challenge). I guarantee up-dates at the end of each month June-July. Results may be posted sooner just depends on my receiving results ect.

Prize- The winning school will get the traveling trophy with their school and year on the trophy. The next year it will be up for the taking with the winning school and year added to it. Trophy for the Junior high and Trophy for the High school division.

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Registration Info Send to: [wkirton@suddenlink.net](mailto:wkirton@suddenlink.net)

Name (First and Last) \_\_\_\_\_

Grade \_\_\_\_\_

School \_\_\_\_\_

Contact (email- phone) \_\_\_\_\_