

26th Annual
PALO DURO TRAIL RUN

50 Mile - 50K - 20K Fun Run/Walk
(A Western States Qualifier)

Saturday, October 16, 2010

50 Mile – 50K races start at 7:00 AM (12 hour time limit)
20K starts at 7:30 AM

COURSE

99% dirt trails on floor of Palo Duro Canyon State Park. 50 mile - four 12.5 mile loops. 50K – one 6 mile loop and two 12.5 mile loops, 20K one 12.5 mile loop. **No pets allowed on course or at start finish area.**

LOCATION

Start finish in Juniper Picnic area approximately 6 miles in State Park from Park entrance gate. Palo Duro State Park is located approximately 25 miles South of Amarillo. From Amarillo, take I-27 south. Exit State Hwy. 217 (exit #106) Turn East (left). This will take you directly to park entrance. There will not be a Texas State Park entrance fee. Driving time from Amarillo to start area is approximately 45 minutes. Please allow plenty of time to arrive safely.

ENTRY FEE

\$65 for 50 mile and 50K - \$55 for 20K. **Entries must be postmarked by October 1st.** Confirmation and further information will be sent to all entrants. Make checks payable to Bill Ross. (see address below) Fees includes pre race pasta meal free to runners (add \$12 per guest), T shirt to all starters and post race hamburger cookout with beans, chips, and soft drinks, etc., free to all runners and guests. **The 20K race will be limited to the first 200 entrants.**

AWARDS

Awards to all finishers in the 50 mile, 50K & 20K. Special Awards to 1st, 2nd & 3rd male and female per event.

AID

Five well stocked aid stations. Water, Gatorade, Coke and a wide variety of food and snacks. Water bottle recommended. Easy crew access, but handler not needed. Ice will be available at front four aid stations.

WEATHER

Unpredictable. Come prepared. Temperatures can range from below freezing to mid 90's.
Sunrise: 7:54 AM Sunset: 7:10 PM

LODGING

Holiday Inn Express 2901 4th Ave. Canyon, TX. 79015, 806-655-4445. Best Western Motel 2801 4th Ave. Canyon, TX. 79015, 1-800-428-2627. Camping available in Palo Duro Canyon State Park. We recommend Mesquite camp area. Hot showers available. Bring own soap and towels. For reservations call 512-389-8900.

PRE RACE

Pre race pasta meal, race day info and packet pickup at W.T.A.M. Student Dining Hall, alumni banquet facility. Pre race pasta dinner is 5:00 to 6:00PM and packet pick-up is 5:00 to 7:00PM Friday, October 15th at the banquet facility located at the corner of Russell Long Blvd and 26th Street.

CONTACT

Bill & Wynn Ross (Race Directors), 262 Cliffside Drive, Amarillo, TX 79118.
E-mail PDTRUN@wildblue.net Phone 806-622-8197

CONFIRMATION

Lodging, pre-race pasta dinner, packet pickup information will be sent upon receipt of entry.

Entry Form

NAME _____ 50 MILE _____ 50K _____ 20K **FULL**

ADDRESS _____ Phone _____

CITY _____ STATE _____ ZIP _____

AGE _____ SEX _____ T-SHIRT SIZE _____ E-mail _____

In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or illness which may directly or indirectly result from my participation in the Palo Duro Trail 50 Run; and I hereby release and hold harmless the directors, sponsors, promoters, officials and all persons and entities associated with the event from any and all injury or damages. I state that I run at my own risk.

SIGNATURE _____ DATE _____

I have included \$12.00 per guest for the pre race pasta meal total \$ _____