



# LSRC Turkey Trot 2023 5K

Thursday, November 23, 2023 9:00 a.m. Thompson Park -- Start/Finish  
North End Of Picnic Area 17

**Awards:** Overall, Masters, And Age Group Winners **Divisions:** Male • Female  
10 and under • 11-19 • 20-29 • 30-39 • 40-49 50-59 • 60-69 • 70-79 • 80-89 • 90-99

**Early Registration** until 11/17/23 - \$30 or \$25 Lone Star Club Members  
Online registration <https://www.lonestarrunnersclub.net/> ends at noon on  
Tuesday, November 21,2023.

**Late** registration at packet pickup \$35 or \$30 LSRC Members

Mail Registration forms to Victoria Salas,136 Wayside Drive, Amarillo, TX 79106

Make checks payable to LSRC. Entries mailed or dropped off at other locations will **NOT** be honored.

- **Packet Pickup** Wednesday, November 22, 2023, 3:30 p.m. to 6:00 p.m.  
at The Gym at Contagion Athletics 8210 W. Amarillo Blvd Amarillo, TX
- **Questions:** Contact Victoria Salas at 806-433-6270

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Male: \_\_\_ Female: \_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth \_\_\_ / \_\_\_ / \_\_\_ E-mail: \_\_\_\_\_

**Enter by November 17 to be guaranteed a shirt - Adult Unisex Long Sleeve Shirt Size:**

SM \_\_\_\_\_ MD \_\_\_\_\_ LG \_\_\_\_\_ XLG \_\_\_\_\_ XXLG \_\_\_\_\_

### RELEASE OF LIABILITY

In return for its agreement to accept this entry form, and as a requirement for my participation, I hereby release Lone Star Runners Club, its officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated with Lone Star Runners Club from liability for any injuries received by me (or if the participant is a minor, then I release them from liability for injuries received by the minor for whom I am responsible) during participation in this sporting event, which includes all pre-race and post-race activities through the end of the awards ceremony and the conclusion of the event. I recognize that participation in the event sponsored or in any way supported by Lone Star Runners Club exposes me and/or my family member(s) to risks including, but not limited to, running-related injury, traffic, and other risks including cracks in the roadway or sidewalk, uneven running surfaces, slick conditions, other participants in the race, weather-related hazards, and pre- and post-race accidents of any type. Notwithstanding these potential risks and possibly other unanticipated risks, all of which cannot be listed, I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER’S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT. I also consent to allow my picture or image to be used on the LSRC website if I am photographed at the sporting event even if during pre- or post-race activities.

\_\_\_\_\_  
Signature (Parent’s signature for an entrant under 18)

\_\_\_\_\_  
Date

**DOOR PRIZES**