



Lone Star Runners Club  
 St. Patty's 7k Run  
 Saturday, March 16, 2024 @  
**PONDASETA**



7500 SW 45<sup>th</sup>, Amarillo, TX 79119

**Street Parking behind Pondaseta - Parking Lot reserved for race activities**

**9:00 a.m. Start Time**

**Door Prizes - Food truck & cold drinks for purchase**

Entry Fees: \$25.00 Members, \$30.00 Non-Members  
 Students 18 & Under \$15.00 - **NO Race day entry**  
 Awards: Top Male and Female, Masters + 10-year age groups  
 Shirts to first 75 entrants, sizes first entered first served

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Male/Female Email: \_\_\_\_\_ Phone \_\_\_\_\_

LSRC Member: Y/N Shirt Sizes - S M L XL (circle one)

**RELEASE OF LIABILITY**

In return for its agreement to accept this entry form, and as a requirement for my participation, I hereby release Lone Star Runners Club, its officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated with Lone Star Runners Club from liability for any injuries received by me (or if the participant is a minor, then I release them from liability for injuries received by the minor for whom I am responsible) during participation in this sporting event, which includes all pre-race and post-race activities through the end of the awards ceremony and the conclusion of the event. I recognize that participation in the event sponsored or in any way supported by Lone Star Runners Club exposes me and/or my family member(s) to risks including, but not limited to, running-related injury, traffic, and other risks including cracks in the roadway or sidewalk, uneven running surfaces, slick conditions, other participants in the race, weather-related hazards, and pre- and post-race accidents of any type. Notwithstanding these potential risks and possibly other unanticipated risks, all of which cannot be listed, I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT. I also consent to allow my picture or image to be used on the LSRC website if I am photographed at the sporting event even if during pre- or post-race activities.

\_\_\_\_\_  
 Signature (Parent's signature for entrant under 18)

\_\_\_\_\_  
 Date

Please make checks payable to: Lone Star Runners Club  
 Mail entry form and fee to:  
 Nicole Shannon - Race Director  
 5602 Aberdeen Pkwy  
 Amarillo, TX 79119  
 nshannon@bf-law.com or

Pre-Race Packet Pickup at

*Get Fit*

Register online at [www.lonestarrunnersclub.net](http://www.lonestarrunnersclub.net)

1911 S Georgia, Amarillo, TX  
 FRIDAY, March 15, 2024  
 4:30 pm to 5:30 pm