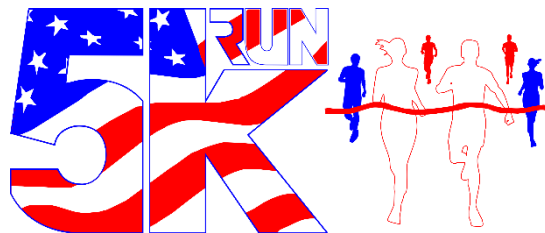


# 13th Annual 5K FREEDOM RUN/WALK Honoring U.S. Veterans

**Sponsored by  
Knights of Columbus #4621**



**When:** Saturday, November 9, 2024 at 10:00am

**Where:** Thompson Park, Pavilion 17 (Northwest of Wonderland)

**Fee:** \$30 early registration before 5:30pm, Friday, November 8, 2024. Late registration fee of \$35 on race day. T-shirts guaranteed to all paid entry forms received by October 16th.

**Registration:** All mailed fees must be received by Thursday, November 7, 2024

**Make Checks Payable to:**

Knights of Columbus #4621  
PO Box 7122  
Amarillo, TX 79114-7122

Form available online at  
<http://www.lonestarrunnersclub.net>

**Timing:** Supervised by Lone Star Runners Club

**Awards:** Male & Female: Top overall, under 14, 15-18, 19-29, 30-39, 40-49, 50-59, 60+

Packet pickup and registration will be Friday, November 8, 2024 at *Get Fit* (1911 S. Georgia) from 4:30-5:30pm. Packets can also be picked up on day of event from 9:00-9:30am.

Name \_\_\_\_\_ Age (on 11/09/24) \_\_\_\_\_

Address \_\_\_\_\_ Birthday \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**Mark with X below:**

5K     Walk     Male     Female     XS     S     M     L     XL     XXL

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, do hereby absolutely and forever waive and release the Knights of Columbus, its officers and members from any liability for any personal injury or death arising from my participation in the scheduled Knights of Columbus 5K Freedom Run. The Knights of Columbus strongly recommends medical clearance before participating in any exercise program. I attest and verify that I am physically able and have effectively trained to complete this race. I have read the above conditions and accept them as shown by my signature.

\_\_\_\_\_  
Signature of entrant/parent/guardian

\_\_\_\_\_  
Date



Knights of Columbus  
**CHARITIES**  
*United in Charity.*